

Westlake



Lacrosse

WHS Boys Lacrosse Organization Rules of Engagement

The primary goal of the WHS Boys Lacrosse Organization is to build a program that develops the players physically and in the skills that are necessary in life. To this end, we intend to provide an environment that is challenging, competitive and operated with a clear set of goals and rules. These goals and rules are stated below and each player and their parent must sign and return this form with their registration.

All Players

- 1) Participation and playing time will be determined based on skill, attitude, and attendance for the 2009-2010 lacrosse season.
- 2) A level of skill performance has been established to help determine the Varsity roster and foster personal growth for the players.
- 3) A positive attitude is critical to the success of the team; therefore consistently demonstrating a non-supportive or negative attitude, in the judgment of the coaches, is considered an unacceptable behavior and will result in bench time, game suspension, or expulsion from the team.
- 4) Participation at practices and team activities is expected during the fall (Fall Ball) and mandatory during the Spring Semester. All absences must have a valid reason and be cleared with the coaching staff ahead of time. Unexcused absences will result in loss of playing time and excessive unexcused absences will result in suspension or ejection from the team.
 - a) While Fall Ball is voluntary it is an opportunity for a player to learn the skills necessary to earn playing time.
 - b) The teams will be participating in at least one tournament in the fall which is part of the participation expectation for players who want to play in 2009-2010, and a chance to demonstrate the intangibles of game play.
 - c) When practice begins in the spring, it will be mandatory and roll will be taken for the PE credit. Players who do not attend practices will not play or receive PE credit.
 - d) There will be a published schedule of practice times and locations available before practice begins. Each player is expected to know where and when the practices are held and to be on time. Changes due to rain or other reasons will be communicated in a manner, which will be published to players and parents before the practice begins. The players are responsible for knowing what they are supposed to do.
 - e) Games are held in various locations around central Texas. Our insurance does not allow players to drive themselves to games. Parents should expect to assist in getting the team to and from the games. Some games

may be in San Antonio, Dallas or Houston (weekends). Participation in the entire schedule is expected for all players.

- 5) A clear code of conduct has been established (see below) and will be enforced by the coaches and the Board to insure a safe and positive experience for the players. Violations of the WHS Boys Lacrosse Code of Conduct or the EISD Extracurricular Athletic Code of Conduct will not be tolerated.

Varsity

- 1) To be eligible to seek a playing position on the Varsity Team, a player must pass the following skills test.
 - a) 100 quick sticks with each hand "no drops - start over on a drop" - against a wall.
 - b) A two stick, one hand catching drill, (one stick in each hand) with 25 throws and catches with each hand.
 - c) A passing accuracy drill demonstrating capabilities of left and right hand passes both stationary and on the run.

Testing will be before or after practices, mostly on Saturdays. The **Fall Varsity Roster** will be selected from players who successfully pass the skills test by October 15.

There will be a second testing period in December for players who have not passed the test previously and players participating in other fall sports prior to Christmas Break. The 2009-2010 Varsity roster will be determined before Christmas break from players who have passed the skills test during fall ball or in the December testing.

- 2) The **2009-2010 Varsity Playing Roster** will include 23 specific position players, selected from athletes who have passed the skills test and are most competitive for each position. Along with the skills, a positive, competitive, unselfish attitude, leadership, and heart will be the factors that determine the final team. The final roster will be determined by the head coach.
- 3) Seniors who do not pass the skills team will be carried on the Varsity Team automatically in addition to the 23 playing positions. Playing time will require passing the skill proficiency test and being the most competitive for the position.

Junior Varsity

- 1) All freshman, sophomore and junior players who have not yet passed the skills test will be part of the Junior Varsity team in the fall and during the season. Players who have passed the skills test, and do not make the varsity this year, will also be part of the Junior Varsity team.
- 2) Skill level, a positive, competitive, unselfish attitude, leadership, and heart will determine the playing time on Junior Varsity.

WHS Boys Lacrosse Organization Players Code of Conduct

All WHS Boys Lacrosse Team players are expected to conduct themselves in a manner that “Honors the Game,” and demonstrates respect to other players, coaches, officials, and spectators. The essential elements of the Players Code of Conduct are **Respect, Honesty, and Integrity**. Those who conduct themselves in a manner that reflects these elements will bring credit to Westlake High School, to the WHS Boys Lacrosse Association, the team, themselves and to the sport of Lacrosse. All players in the WHS Boys Lacrosse Organization are expected to adhere to the Players Code of Conduct.

The following behavior is expected from all players and parents involved in any way with the WHS Boys Lacrosse Team:

- Sportsmanship and teaching the concepts of fair play are essential to the game and must be taught and developed both at home and on the field during practices and games.
- Winning will never be placed above good sportsmanship, the concepts of fair play, or the skills of the game.
- The safety and welfare of the players are of primary importance.
- Derogatory comments are unacceptable.
- Players should strive to be role models in dealing with peers and adults.
- No players, coaches, or parents will attempt to manipulate the rules of lacrosse, in letter or spirit, to take unfair advantage of an opponent, or to teach deliberate unsportsmanlike conduct.
- No coach, player, or parent shall openly or maliciously criticize, badger, harass, or threaten an official, a coach, a parent, a player, or an opponent. It should be understood that it's the coaches' responsibility to disagree with the refs not the players. Disregard of these rules may result in the individual's suspension or expulsion from the activity or the team.
- No alcoholic beverages or any intoxicating substances or intoxicated individuals are allowed at any practice, game or team activity.
- Suspension from practice or play shall be the prerogative of the V or JV head coach. The Executive Board shall review expulsion from the team.
- Eligibility requirements adopted by the WHS Boys Lacrosse Executive Board must be followed. These requirements include the TEA/UIL no pass, no play rules.
- In addition to this code, players must adhere to the E.I.S.D. Extracurricular Athletic Code of Conduct.

I understand and agree to the Code of Conduct and the Rules of Engagement as part of the 2009-2010 WHS Boys Lacrosse program:

Player: _____

Parents: _____